

# Amy Tiemann PhD

SPEAKER • AUTHOR • PRODUCER



**Dr. Amy Tiemann** is a Stanford-trained neuroscientist who has taken her insight and expertise far beyond the laboratory into the real world of human behavior. She is an expert in child safety and abuse prevention as a Kidpower personal safety instructor and senior leader of Kidpower's international organization. She is also a sought-after parenting commentator who reinvented motherhood for a new generation of women with her book *Mojo Mom: Nurturing Your Self While Raising a Family*.

Understanding that media is the ultimate method to reach people and influence opinion, Dr. Tiemann is a producer of socially relevant projects, featuring the award-winning new film *Olympic Pride, American Prejudice*. This documentary about 18 African-American athletes at the 1936 Olympics in Berlin is already changing history, and will be a must-watch staple for Black History Month and beyond.

**Contact:**  
Michelle Pratico - 919-448-6690 (NC)  
contact@amytiemann.com  
amytiemann.com/mediakit

## Dr. Amy Tiemann

*Firing up your courage to lead, power to change*

### Show/Story Ideas:

**Will the 2016 election unleash a new wave of misogyny, no matter who wins?**

**Mojo Mom and the Empty Nest**—the next stage of reinvention.

**Rejecting the career ladder**—you no longer have to choose just one career path.

**Gen X will always be "Jan Brady" but it still has to lead.**

**Women making independent films, for love and money.**

**Women turning 50**—a new season of leadership.

**Ultimate DIY in the digital age**—from desktop publishing, to owning her own media studio and film production company.

**Ninja mom in an all-black belt family**—Mom (48), Dad (52) and daughter (17) training together.

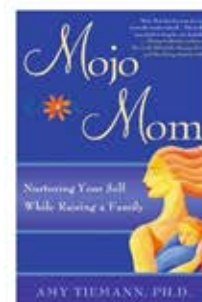
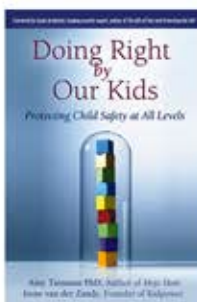
### Testimonials:

"Amy Tiemann brings a scientist's mind, a seeker's eye and a mother's heart to her work as a writer and commentator on the issues that matter most."  
- Karen Maezen Miller, author of *Momma Zen*

"*Mojo Mom* is a much-needed catalyst for living the precious gift of personal power we each long for at every stage of life."  
- Zainab Salibi, Founder of Women for Women International

"Kidpower has an exceptional track record in the fields of personal safety and violence prevention." - Gavin de Becker, noted safety expert and author of *The Gift of Fear*

### Books by Dr. Amy Tiemann:



### As seen on:

